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Cartoonversation™

Card Episode 11

Riding the Pine



Five Cartoonversation™ Starters

1. If your friend wanted to try something you're good at doing, what could you do to encourage them?
2. If you could do anything in the world, without a fear of failing, what would you try? Why?
3. Do you remember the first time you tried something that you are now good at doing?
4. Why do you think it's a good idea to try new things?
5. Have you ever tried anything new and it didn't go so well?

Five Factoids

Pros and Cons of Social Media

- Con: Excessive use of social media has been linked to poor sleep quality in kids and teens.
- Pro: Kids can use social media to find others who share similar interests.
- Con: Spending more than two hours a day on social media has been linked to an increase in depression and anxiety in young people.
- Pro: Healthy and positive interaction on social media can help strengthen existing friendships.
- Con: Negative behaviors on social media can lead to cyber bullying.

Five Websites

For more helpful information, please visit these websites:

1. raisesmartkid.com
2. sunshine-parenting.com
3. learningworksforkids.com
4. todaysparent.com
5. biglifejournal.com

